



# 6th NATIONAL CONFERENCE with International Participation “Nutrition – Medicine of the Future” 24-25 november 2016, Cluj-Napoca

## SCIENTIFIC PROGRAM

### 24 November: Pre-conference workshops

Venue: Hotel Central Conference Room (11-13 V. Babeş Str.)

12.00-13.00	Registration of participants
13.00-15.00	<b>WORKSHOP 1: Aspects of personalized nutrition: Adapting diet to genetic profile</b> Biol. Nutr. Dr. Marie Vrânceanu - KetoNutrigenetics MaV method Bucharest (RO)
15.00-15.30	Coffee break
15.30-17.30	<b>WORKSHOP 2: The applications of orthomolecular nutrition in the diet therapy of different pathologies</b> Dr. Horațiu Albu - Romanian Society of Orthomolecular Medicine Bucharest (RO)
17.30-18.00	Coffee break
18.00-20.00	<b>WORKSHOP 3: The use of biologically defined essential oils in nutrition and gastronomy</b> Psychotherap. Cornelia Decu-Chaumont - Scientific School of Aromatherapy AROMAARMONY Bucharest (RO)

### 25 November: Keynote lectures and oral presentations

Venue: Aula of the „Iuliu Hațieganu” University of Medicine and Pharmacy Cluj-Napoca (23 Gh. Marinescu Str.)

8.00-9.00	Registration of participants
9.00-9.10	<b>OPENING CEREMONY</b> Prof. Dr. Gianina Crișan – Dean of the Faculty of Pharmacy, „Iuliu Hațieganu” UMPH Cluj-Napoca Prof. Dr. Doina Miere – President of the Conference Scientific Committee
<b>SESSION 1: Personalised nutrition: is this the future of nutrition? (I)</b> Chair: Dr. Horațiu Albu	
9.10-10.10	<b>KEYNOTE LECTURE</b> ▪ Personalised anti-inflammatory nutrition for allergic, cardiovascular and cancer patients Prof. Dr. John Ionescu - Scientific Director of Spezialklinik Neukirchen (DE)
10.10-10.40	<b>ORAL PRESENTATION</b> ▪ Genetics in the pathophysiology of human obesity: monogenic, polygenic and syndromic forms of obesity Dr. Adrian Copcea – Asteco Medical Center Cluj-Napoca (RO)
10.40-11.00	<b>Sponsor presentation - EURODIET</b> ▪ The secrets of the Mediterranean diet Vlachos Fotios – EURODIET Coordinator in Romania
11.00-11.30	Coffee break

**SESSION 2: Personalised nutrition: is this the future of nutrition? (II)**

Chair: Assoc. Prof. Dr. Ramona Suharoschi

11.30-12.00	<b>KEYNOTE LECTURE</b> ▪ <b>Early life nutrition and the programming of adult health</b> Prof. Dr. Rosita Gabbianelli – University of Camerino (IT)
12.00-12.20	<b>ORAL PRESENTATION</b> ▪ <b>Nutrigenomics applications in food industry</b> Assoc. Prof. Dr. Ramona Suharoschi - UASVM Cluj-Napoca (RO)
12.20-12.40	<b>ORAL PRESENTATION</b> ▪ <b>An overview to nutritional therapies in inborn errors of metabolism – different disorders, different approaches; lessons from phenylketonuria</b> Lect. Dr. Romana Vulturar - „Iuliu Hațieganu” UMPH Cluj-Napoca (RO)
12.40-13.00	<b>ORAL PRESENTATION</b> ▪ <b>Folate deficiency management</b> Dr. Ruxandra Plesea - Regina Maria Ponderas Academic Hospital Bucharest (RO)
13.00-13.20	<i>Sponsor presentation – NESTLE</i> ▪ <b>Iron deficiency anemia and eating habits of school children in Romania of 2016</b> Diet. Nicoleta Tupiță - representative Nestlé
13.20-13.30	<i>Sponsor presentation – PlantExtrakt</i> ▪ <b>Enhancing immunity through gemmotherapy</b> Pharm. Patricia Tarcea – representative PlantExtrakt
13.30-14.30	<b>Lunch break</b>

**SESSION 3: Diet and lifestyle in relation to human health**

Chair: Assist. Prof. Dr. Sebastian Armean

14.30-15.00	<b>KEYNOTE LECTURE</b> ▪ <b>Caffeine – from a daily pleasure to an enhancing performance nutritional supplement</b> Dr. Șerban Damian – Superfit Nutrition Centre Bucharest (RO)
15.00-15.20	<b>ORAL PRESENTATION</b> ▪ <b>Cleaning measures in the production, marketing and preparation of food in Cluj county during the XVI-XVIIth centuries</b> Lect. Dr. Lukács József – UBB Cluj-Napoca (RO)
15.20-15.40	<b>ORAL PRESENTATION</b> ▪ <b>Eating disorders – where are we heading to?</b> Assist. Prof. Dr. Sebastian Armean – „Iuliu Hațieganu” UMPH Cluj-Napoca (RO)
15.40-16.00	<b>ORAL PRESENTATION</b> ▪ <b>Visual occupational overuse: primary prevention - nutritional recommendations</b> Dr. Doina Albert-Ani – Occupational Medicine Clinic Cluj-Napoca (RO)
16.00-16.15	<b>ORAL PRESENTATION</b> ▪ <b>Utilization of food wastes as sources of functional ingredients</b> Lect. Dr. Sonia Socaci – UASVM Cluj-Napoca (RO)
16.15-16.30	<b>ORAL PRESENTATION</b> ▪ <b>Opportunities for European Food, Nutrition and Dietetics Professionals: Vision about ISEKI_Food Association</b> Assist. Prof. Oana Stanciu – „Iuliu Hațieganu” UMPH Cluj-Napoca (RO)
16.30-16.40	<i>Sponsor presentation – Ropharma</i> ▪ <b>Nutradosa - Innovative solutions for a harmonious life!</b> Dr. Florența Crețu – medical representative Ropharma

<b>16.40-16.50</b>	<b><i>Sponsor presentation – Naturspot</i></b> <ul style="list-style-type: none"> <li>▪ <b>Naturspot – education for health!</b></li> </ul> Diet. Diana Crişan – representative Naturspot
<b>16.50-17.00</b>	<b><i>Sponsor presentation – Budureasca</i></b> <ul style="list-style-type: none"> <li>▪ <b>Budureasca Organic - wines bearing the imprint of the soul</b></li> </ul> Lect. Dr. Roxana Banc – „Iuliu Haţieganu” UMPH Cluj-Napoca (RO)
<b>17.00-17.30</b>	<b>Coffee break</b>
<b>SESSION 4: The dietitian and the fields of nutrition and dietetics practice</b> <b>Chair: Diet. Raluca Topan</b>	
<b>17.30-18.15</b>	<b>KEYNOTE LECTURE</b> <ul style="list-style-type: none"> <li>▪ <b>Beyond food protein quality</b></li> </ul> Diet. Dr. Liviu Deacu
<b>18.15-18.30</b>	<b>ORAL PRESENTATION</b> <ul style="list-style-type: none"> <li>▪ <b>A multidisciplinary approach in a case of endometrial adenocarcinoma</b></li> </ul> Diet. Anca Ignat
<b>18.30-18.45</b>	<b>ORAL PRESENTATION</b> <ul style="list-style-type: none"> <li>▪ <b>Practical nutrition</b></li> </ul> Diet. Sigina Pop
<b>18.45-19.00</b>	<b>ORAL PRESENTATION</b> <ul style="list-style-type: none"> <li>▪ <b>The activity as a dietitian in a private recovery hospital</b></li> </ul> Diet. Raluca Topan
<b>19.00-19.15</b>	<b>ORAL PRESENTATION</b> <ul style="list-style-type: none"> <li>▪ <b>Nutrition workshops: promoting a healthy lifestyle to prevent obesity</b></li> </ul> Diet. Ioana Popa
<b>19.15-19.30</b>	<b>ORAL PRESENTATION</b> <ul style="list-style-type: none"> <li>▪ <b>The importance of food education for athletes</b></li> </ul> Diet. Cătălin Aron

## 25 November: Poster session

Venue: „Iuliu Hațieganu” University of Medicine and Pharmacy Cluj-Napoca (23 Gh. Marinescu Str., 1st Floor)

10.00-13.00	<p>▪ <b>SIMULTANEOUS ANALYSIS OF 13 MYCOTOXINS IN BREAD COMMERCIALIZED IN CLUJ-NAPOCA, ROMANIA</b> OANA STANCIU, CRISTINA JUAN, DOINA MIERE, FELICIA LOGHIN, JORDI MAÑES</p>
	<p>▪ <b>EVALUATION OF ENERGY AND DIETARY INTAKE FROM FOOD OF LACTATING MOTHERS IN A ROMANIAN SAMPLE</b> LAURA GAVRILAȘ, SIMONA CODRUȚA HEGHEȘ, DAN ISTRATE, LORENA FILIP, ANAMARIA COZMA-PETRUȚ, DOINA MIERE</p>
	<p>▪ <b>DEMENTIA AND NUTRITION</b> TATIANA CHIRU, VALERIA GRIGORIEV</p>
	<p>▪ <b>SPROUTS AS AN ANTIOXIDANT FOOD RESOURCE</b> VALERIA GRIGORIEV, TATIANA CHIRU</p>
	<p>▪ <b>SPECTROPHOTOMETRIC DETERMINATION OF NITRATE AND NITRITE IN GROUNDWATER SOURCES OF CLUJ COUNTY</b> ANETT NAGY, IOANA PRALEA, CRISTINA IUGA, DOINA MIERE, LORENA FILIP</p>
	<p>▪ <b>THE NEED FOR HIGH PROTEIN DIET AND AMINO ACID SUPPLEMENTS IN OLDER ADULTS</b> MARIUS EMIL RUSU, DANIELA-SAVETA POPA, LAURIAN VLASE</p>
	<p>▪ <b>NUTRITIONAL AND BEHAVIORAL PECULIARITIES OF THE POPULATION IN THE GENESIS OF DIGESTIVE DISEASES</b> DAVID SABĂU, GRIGORE FRIPTULEAC</p>
	<p>▪ <b>INVESTIGATING THE EFFECT OF FETEASCĂ NEAGRĂ GRAPE MARC EXTRACTS IN AN EXPERIMENTAL INFLAMMATION</b> ȘTEFANIA SILVIA BALEA, ALINA ELENA PÂRVU, NASTASIA POP, FERNANDO ZAMORA, ANA UIFĂLEAN</p>
	<p>▪ <b>THE EFFECTS OF PERSONALIZED NUTRITIONAL INTERVENTION IN A PATIENT WITH OBESITY CLASS II</b> ALEXANDRA CORNELIA VLAD</p>
	<p>▪ <b>CORRELATION BETWEEN BONE AND GLUCIDE METABOLISM DEPENDING ON THE NUTRITIONAL STATUS IN DIABETIC PATIENTS</b> SIMONE ALFIERI</p>
	<p>▪ <b>IDENTIFICATION OF MAIN DIETARY SOURCES OF POLYPHENOLS AND ASSESSMENT OF CONSUMPTION FREQUENCY OF POLYPHENOL-RICH FOODS AND BEVERAGES IN A TYPICAL SAMPLE OF ROMANIAN ADULT POPULATION</b> IRIS-LISBETH MÜLLER, ELENA RAKOSY-TICAN</p>
<p>▪ <b>TEMPORARY TEETH: IN WHO'S CARE? AESTHETIC RESTORATION OF TEMPORARY FRONT TEETH IN PEDIATRIC DENTISTRY</b> NICOLETA VAN GELDER, ALEXANDRA MAN, MELINDA KOVACH</p>	



Organised by:

**UMF**  
UNIVERSITATEA DE  
MEDICINĂ ȘI FARMACIE  
IULIU HAȚIEGANU  
CLUJ-NAPOCA

